

Blood borne viruses



Under My Skin

*Many thanks to all of the young people who took part in the workshops and contributed artwork towards this resource.*



Thank you to the following Youth Services who hosted BBV Education and Art Workshops:

- ☺ Trinity Youth Options
- ☺ Joondalup Youth Support Services
- ☺ Passages Resource Centre
- ☺ Swan City Youth Services

This resource was developed by the HCWA Youth BBV Project for use in Youth Service Settings.



**HIY**

**HEP B**

**HEPC**

*HIV, HEP B AND HEP C  
are blood borne viruses that  
can make you really sick!!*

*You can get*

***Hep B** & **HIV** if the*

***Blood***

***Semen***

***Vaginal Fluids***

***Breast Milk***

*of an infected person*



***Your  
bloodstream***

***Hep C only lives in blood*** 

# *BE BLOOD AWARE*

*Unsafe sex*

*Watch out  
for things that can  
put you at*

*Tattooing  
and piercing*

*Fights*

**RISK**

*Cutting*

*Sharing  
Injecting equipment*

*Sharing  
razors*

*Sharing  
Toothbrushes*

# *Who can you talk to?*

## Hepatitis Council of WA

### Information & Support Line:

Monday - Friday 9:00am-5.00pm

(08) 9328 8538 Metro or

1800 800 070 Freecall Country

Email [info@hepatitiswa.com.au](mailto:info@hepatitiswa.com.au)

[www.hepatitiswa.com.au](http://www.hepatitiswa.com.au)

## WA AIDS Council (WAAC)

664 Murray Street

West Perth WA 6005

(08) 9482 0000

AIDSline - (08) 9482 0044

[www.waaims.com](http://www.waaims.com)

## Quarry Health Centre

7 Quarry Street (rear)

Fremantle WA 6160

Ph: (08) 9430 4544

Fax: (08) 9430 8114

## Needle & Syringe Exchange Programs

WAAC Mobile Van

0417 093 537

WA Substance Users Assoc

(WASUA) 9227 7866



**S** **A** **f** **E** **S** **e** **x**!



## *Always practice SAFE SEX!!*

- ★ *Use condoms, dams and lubricant during vaginal, oral and anal sex.*
- ★ *Use a new condom every time.*
- ★ *Avoid having many sexual partners.*

MAKE SURE ALL TATTOOS AND PIERCINGS

HIV, Hepatitis B & C



Don't put yourself at risk

ARE DONE PROFESSIONALLY

## *Make sure your body artist:*

- ✓ *Knows the code of practice for skin penetration procedures*
- ✓ *Washes hands at the beginning & end of the procedure*
- ✓ *Wears new, disposable gloves*
- ✓ *Uses sterile equipment and new jewellery*
- ✓ *Uses new needles & razors each time*
- ✓ *Opens all equipment, that will penetrate the skin, from sterile, sealed bags in your presence*
- ✓ *Uses preparation equipment only once*



## *If you inject - make sure you:*

- ⇒ **Always** use a **new** fit.
- ⇒ **Never** share **any** injecting equipment .
- ⇒ **Wash hands before and after.**
- ⇒ **Dispose** equipment **safely**.

\* HCWA does not encourage illicit drug use or any unlawful behaviour.